

# 04 APRIL

## FUTURE MONTH SAVE THE DATES!!!

- [PARKINSON'S FOUNDATION MOVING DAY:](#)
  - SATURDAY, MAY 2<sup>ND</sup> @ 9 AM
- [PEDAL AWAY PARKINSON'S - DETAILS TO COME!](#)
  - SATURDAY, JULY 18<sup>TH</sup>
- [IDAHO FALLS PD SYMPOSIUM - DETAILS TO COME!](#)
  - SATURDAY, SEPTEMBER 12<sup>TH</sup>
- [ST. GEORGE PD SYMPOSIUM - DETAILS TO COME!](#)
  - SATURDAY, NOVEMBER 7<sup>TH</sup>

CLICK [HERE](#) TO FIND A PARKINSON'S SUPPORT GROUP NEAR YOU.

- INTERESTED IN ATTENDING A SUPPORT GROUP IN PRICE, UTAH? CLICK [HERE](#).
- DIAGNOSED WITH HEREDITARY SPASTIC PARAPLEGIA (HSP)? INTERESTED IN A SUPPORT GROUP? CLICK [HERE](#)
- DIAGNOSED WITH PSP/MSA/CBD? CLICK [HERE FOR SUPPORT GROUP](#)..CLICK [HERE TO JOIN EMAIL LIST](#)

CLICK [HERE](#) FOR A DIRECTORY OF LOCAL PD RESOURCES.

## QUESTIONS?

CONTACT SIDNEY @ [SIDNEY.HEIL@HSC.UTAH.EDU](mailto:SIDNEY.HEIL@HSC.UTAH.EDU) OR [801-585-2354](tel:801-585-2354)

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CLICK ON THE UNDERLINED WORDS TO VIEW MORE DETAILS ABOUT THE SPECIFIC CALENDAR EVENTS.



			1	2	3	4
			<a href="#">PF VIRTUAL "IMPROVE WITH IMPROV FOR PARKINSON'S"</a> @ 11 AM			
5	6	7	8	9	10	11
	<a href="#">PF VIRTUAL MINDFULNESS MONDAYS: "BUILDING THE FOUNDATIONS"</a> @ 11 AM		<a href="#">PF VIRTUAL "INSIDE THE SCIENCE: PD RESEARCH TODAY"</a> @ 11 AM			<a href="#">MULTIPLE SYSTEM ATROPHY (MSA) PATIENT ED. DAY</a> @ 8:30 AM
12	13	14	15	16	17	18
	<a href="#">PF VIRTUAL MINDFULNESS MONDAYS: "MENTAL WELL-BEING"</a> @ 11 AM		<a href="#">PF VIRTUAL "SPEAKING &amp; SWALLOWING IN PARKINSON'S"</a> @ 11 AM		<a href="#">VIRTUAL SET UP FOR SUCCESS: "STRONGER EVERY STEP: THE POWER OF EXERCISE IN PARKINSON'S"</a> @ 12 PM	<a href="#">REAL SALT LAKE PARKINSONS AWARENESS NIGHT</a>
19	20	21	22	23		25
26	27	28	29	30		
	<a href="#">PF VIRTUAL MINDFULNESS MONDAYS: "BEING WITH WHAT IS"</a> @ 11 AM					