

FUTURE SAVE THE DATES!

# PD RESOURCE CALENDAR

- [PEDAL AWAY PARKINSON'S](#)
  - SATURDAY, JULY 18<sup>TH</sup>
- [IDAHO FALLS PD SYMPOSIUM](#)
  - SATURDAY, SEPTEMBER 12<sup>TH</sup>
- [ST. GEORGE PD SYMPOSIUM - DETAILS TO COME!](#)
  - SATURDAY, NOVEMBER 7<sup>TH</sup>

## SUPPORT GROUPS

CLICK [HERE](#) TO FIND A PARKINSON'S SUPPORT GROUP NEAR YOU.

- INTERESTED IN ATTENDING A SUPPORT GROUP IN PRICE, UTAH? CLICK [HERE](#).
- DIAGNOSED WITH HEREDITARY SPASTIC PARAPLEGIA (HSP)? INTERESTED IN A SUPPORT GROUP? CLICK [HERE](#)
- DIAGNOSED WITH PSP/MSA/CBD? CLICK [HERE FOR SUPPORT GROUP](#)..CLICK [HERE TO JOIN EMAIL LIST](#)

CLICK [HERE](#) FOR A DIRECTORY OF LOCAL PD RESOURCES.

INTERESTED IN BECOMING A PARKINSON'S FOUNDATION ROCKY MOUNTAIN CHAPTER BOARD MEMBER? CLICK [HERE](#) TO FILL OUT FORM OR CONTACT KRISTIN COURINGTON [KCOURINGTON@PARKINSON.ORG](mailto:KCOURINGTON@PARKINSON.ORG) WITH ANY QUESTIONS

QUESTIONS?

Contact Sidney @ [sidney.heil@hsc.utah.edu](mailto:sidney.heil@hsc.utah.edu)

SUN MON TUE WED THU FRI SAT

	<b>1</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Mindfulness Monday @ 11 AM</a></li> <li>• <a href="#">Sandy PD SG @ 1:30 PM</a></li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>3</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Care Partner Convos</a></li> <li>• <a href="#">Cache Valley PD SG</a></li> <li>• <a href="#">N. Wasatch Front PD SG</a></li> <li>• <a href="#">Park City PD SG</a></li> <li>• <a href="#">Parkinson's Climbing SLC</a></li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Northern Rehab Loud &amp; Proud</a></li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>• <a href="#">Grey Matters Dance for PD @ 2 PM (virtual &amp; in-person)</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>6</b>
<b>7</b>	<b>8</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Mindfulness Monday @ 11 AM</a></li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC</a></li> <li>• <a href="#">PF Virtual PD Solo Network</a></li> <li>• <a href="#">Cedar City PD SG</a></li> <li>• <a href="#">Idaho Falls PD SG</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Financial &amp; Estate Essentials for Life with PD</a></li> <li>• <a href="#">Pocatello PD SG</a></li> </ul>	<b>11</b> <a href="#">NeuroPong Virtual Presentation @ 3 PM</a> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Utah Valley PD SG @ 4 PM</a></li> <li>• <a href="#">Northern Rehab Loud &amp; Proud</a></li> </ul>	<b>12</b> <a href="#">Virtual Set Up for Success PD Program</a> <ul style="list-style-type: none"> <li>• <a href="#">Grey Matters Dance for PD</a></li> <li>• <a href="#">St. George Caregiver SG</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>13</b>
<b>14</b>	<b>15</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Mindfulness Monday @ 11 AM</a></li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Virtual Early-Onset PD SG @ 6 PM</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Taking Care @ 11 AM</a></li> <li>• <a href="#">St. George PD SG @ 10:30 AM</a></li> <li>• <a href="#">Parkinson's Climbing SLC</a></li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">SLC PD SG @ 6 PM</a></li> <li>• <a href="#">Northern Rehab Loud &amp; Proud</a></li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>• <a href="#">Grey Matters Dance for PD @ 2 PM (virtual &amp; in-person)</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• <a href="#">Virtual Brickyard Boxing SLC SG @ 11 AM</a></li> </ul>
<b>21</b>	<b>22</b> <ul style="list-style-type: none"> <li>• <a href="#">Tooele PD SG @ 12:30 PM</a></li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>24</b>	<b>25</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Northern Rehab Loud &amp; Proud</a></li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>• <a href="#">Grey Matters Dance for PD @ 2 PM (virtual &amp; in-person)</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>	<b>27</b>
<b>28</b>	<b>29</b> <ul style="list-style-type: none"> <li>• <a href="#">PF Virtual Mindfulness Monday @ 11 AM</a></li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>• <a href="#">NeuroPong SLC @ 10 AM</a></li> <li>• <a href="#">Northern Rehab Knock-Out Boxing</a></li> </ul>				

JUNE 2026

CLICK ON THE UNDERLINED WORDS TO VIEW MORE DETAILS ABOUT THE SPECIFIC CALENDAR EVENTS.

