

PD CALENDAR EVENTS

Upcoming PD Symposiums



Idaho Falls

September 12, 2026

Westbank Convention Center
525 River Pkwy, Idaho Falls, ID 83402

*Cost is \$10, includes lunch

[Agenda](#)

[Registration](#)

St. George

November 7, 2026

Marriott St. George
185 S. 1470 E, St. George, UT, 84790

*Cost is \$10, includes lunch

[Agenda](#)

[Registration](#)



Parkinson's Art Class

For Patients & Caregivers

Every other Tuesday 11-1 PM

Started on July 28th, 2026

Click [HERE](#) for flyer & dates

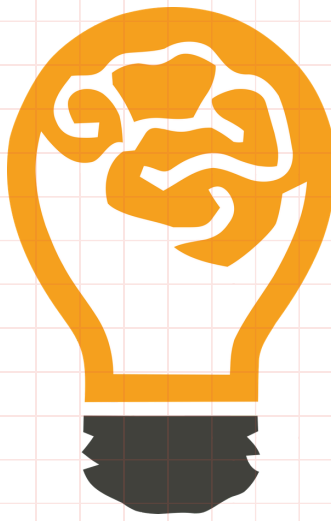
729 Arapen Dr. SLC, UT 84108

Large Conference Room

*FREE TO PARTICIPATE!



Click [HERE](#) to explore virtual support & educational opportunities from the Parkinson's Foundation.



PD 101

WITH PAOLA TESTINI, MD

Learn more about your or a loved ones new diagnosis of Parkinson' Disease.

THURSDAY | OCT. 15TH
12 PM - 1 PM | VITRUALLY VIA ZOOM

This program is free but you do need to register to receive the zoom link.



[REGISTER HERE](#)

QUESTIONS?
CONTACT
SIDNEY.HEIL@HSC.UTAH.EDU
801-585-2354



HEALTH
UNIVERSITY OF UTAH





Support Groups

Click [HERE](#) to find a Parkinson's Support Group near you.

- Interested in attending a support group in Price, Utah? Click [HERE](#).
- Diagnosed with PSP/MSA/CBD? Click [HERE for support group](#)...Click [HERE to join email list](#).

PD Exercise Programs

- [Up ENDING Parkinson's](#) (SLC & St. George Rock Climbing Group)
- [L.S. Skaggs Wellness Classes](#) (SLC)
- [Skaggs Physical Therapy Pro Bono Clinic](#) (SLC)
- [Grey Matters](#) (SLC, Dance for PD Class)
- [Knock-Out Boxing Class](#) (South Ogden)
- [Parkinson's Fitness Classes](#) (Provo)
- [Dance Back Against Parkinson's](#) (Holladay)
- [Wilderness Warriors Hiking Group](#)
- [Rock Steady Boxing](#)
- [NeuroPong](#) (St. George & [SLC](#))



Click [HERE](#) for a full directory of local PD resources.



Research Opportunities

Click [HERE](#) to view all of the PD clinical trials at the University of Utah.

Other:

- [Cycling Affects for People with PD](#)
- [GEARS Clinical Research Study](#)
- [Sleep and PD Study](#)
- [Undertand Swallowing in PD](#)
- [Exercise, Speech, & Swallowing Affect on Breathing](#)